

Prince William County Public Schools

Wellness Policy 2017-2021 Triennial Assessment

Overview & Purpose

In accordance with the Final Rule of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: 8VAC20-740, Prince William County Public Schools presents the 2017-2020 Triennial Assessment which includes the timeframe from July 2017-July 2020. The Triennial Assessment indicates updates on the progress and implementation of Prince William County Public School's Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the Final Rule. The school(s) included in this Triennial Assessment are: All 101 Schools and Centers, found at <https://www.pwcs.edu/cms/One.aspx?portalId=340225&pageId=758560>

Wellness Policy

The Prince William County Public Schools Wellness Policy can be found at https://pwcsnutrition.com/schools/pwcs_0408101731444083/wellness/WellnessPolicy.pdf Prince William County Public Schools updates or modifies the Wellness Policy as appropriate. The policy is made available to the public through posting to the Division website as well as publication in division-wide communications to include "Admin Instant", "The Communicator" and "Regulation Roundup".

School Wellness Committee

Prince William County Public Schools established a Wellness Policy leadership of one or more school officials who has the authority and responsibility to ensure each school complies with the Wellness Policy. The Wellness Policy committee meets at least quarterly for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators. Division-wide notifications precede every meeting to encourage community involvement.

Wellness Policy Compliance

Prince William County Public Schools must conduct an assessment of the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years. With a review of June 30th, 2021 Prince William County Public Schools shall assess compliance every three years thereafter.

Use the charts below to assess whether requirements are being met. Indicate that requirements are met by adding a checkmark to the “Met” column. If requirements are not met at all schools, indicate which schools are out of compliance in the “Not Met” column.

**Standards and Nutrition Guidelines for all Foods and Beverages Sold
(Question IV on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.	X	
We have implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: a la carte offerings, items in school stores, and items in vending machines.	X	
We follow Prince William County Public School’s policy on exempt fundraisers as outlined in our Division’s Wellness Policy.	X	

**Standards and Nutrition Guidelines for all Foods and Beverages Sold
(Question V on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
We follow Prince William County Public School’s policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.	X	

Policy for Food and Beverage Marketing

(Question VI on VDOE School Level Report Card)

Standard/Guideline	Met	Not Met
All food and beverage marketing meets Smart Snacks standards.	X	

Description of Public Involvement

Standard/Guideline	Met	Not Met
Prince William County Public Schools permits participation by the general public and the school community in the Wellness Policy process. This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators.	X	

Description of Public Updates

Standard/Guideline	Met	Not Met
The Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Wellness Policy.	X	
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2020.	X	

Description of Policy Leadership

Standard/Guideline	Met	Not Met
Prince William County Public Schools established a Wellness Policy leadership of one or more LEA's and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	X	

Description of Evaluation Plan

Standard/Guideline	Met	Not Met
Assessments shall be repeated annually to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the School Division shall review nutrition and physical activity aspects of the Wellness Policy; provision of an environment that supports healthy eating and physical activity; and nutrition and physical education policies and program elements. The Division, and each school and department within the Division, shall, as necessary, provide information to revise the Wellness Policy and develop action plans to facilitate the implementation of the Wellness Policy.	X	

Quality of Wellness Policy

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the final rule. In establishing our local wellness policy administrators followed the Model Policy Template to ensure compliance. Prince William County Public Schools' Wellness Policy includes all of the identified regulations outlined in the Healthy, Hunger Free Kids Act of 2010 as well as important division level expectations for our schools.

Progress towards Goals

Prince William County Public Schools recognizes the importance of health and wellbeing on students' academic and future success. We have created structures and initiatives to ensure support for the whole child. Initial wellness goals were identified and supported by our updated wellness policy.

**Progress towards Nutrition Promotion and Education Goals
 (Question I on VDOE School Level Report Card)**

Description	Met	Not Met
The School Division shall provide a minimum of five hours of classroom nutrition education each year for all students in kindergarten through grade 10. In kindergarten through grade five, the classroom and physical education teachers shall work collaboratively to provide the required nutrition education. The classroom teacher will supplement classroom instruction of the nutrition education health objectives. The physical education teacher will utilize integration of nutrition principles and concepts into physical education class. In grades six through 10, the nutrition education requirements shall be met by the health and physical education teachers and supplemented by career and technical education teachers for students in those classes	X	

**Progress towards Physical Activity Goals
 (Question II on VDOE School Level Report Card)**

Description	Met	Not Met
Schools shall provide a physical education instructional program and promote a culture of wellness that encourages safe and enjoyable physical activity for students of all abilities.	X	

**Progress towards other School-Based Wellness Activity Goals
 (Question III on VDOE School Level Report Card)**

Description	Met	Not Met
Schools shall, to the extent possible, arrange schedules and use methods to serve school breakfasts that encourage participation, including serving breakfast in the classroom or “grab-and-go” breakfast.	X	